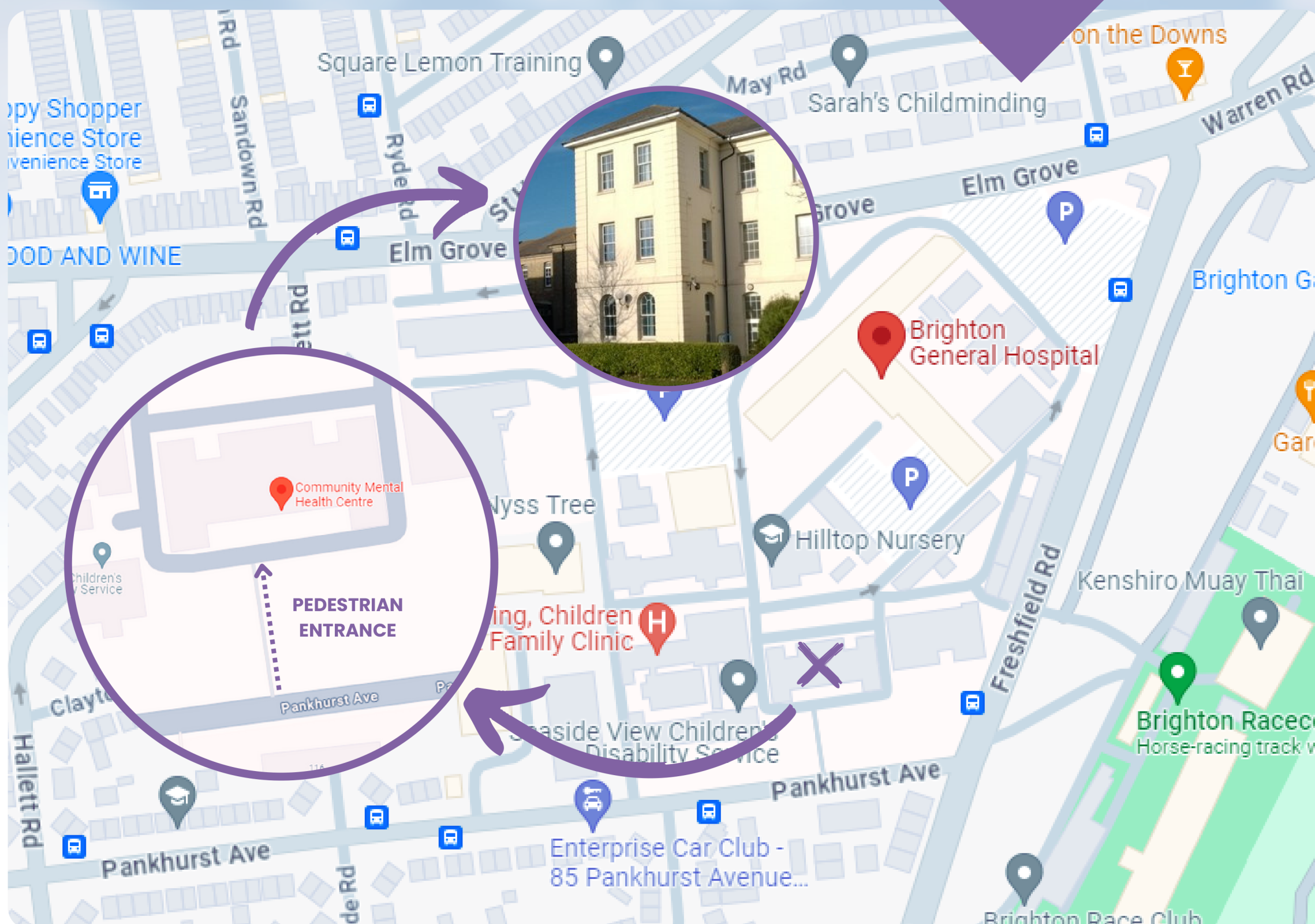


# EBMHC:

**EAST BRIGHTON MENTAL  
HEALTH CENTRE:**  
Brighton General Hospital  
Elm Grove  
Brighton  
East Sussex  
BN2 3EW



## LOCATION:

- If you take a look at the site map above, the East Brighton Mental Health Centre can be located on the site of the Brighton General Hospital.
- The hospital itself is next to Freshfield Road, between Elm Grove and Pankhurst Avenue.
- If you follow Elm Grove, off Lewes Road, the hospital will come up on the right.

## PLEASE BE AWARE:

- The reception at this location does not open until 08.30am
  - If your appointment is due to start before this time please just wait outside as your clinician will collect you at the time of your session.
- If you Google this location you need to search for 'East Brighton Mental Health Centre' and NOT the 'Community Mental Health Centre' as this will show you the wrong venue.

**Please do not attend your appointment if you are showing any symptoms of COVID-19.**

### **MOBILITY ACCESS:**

- The building has a ramp to the front door and disabled toilets.
- We use rooms on the first floor, so if you have any mobility restrictions, please contact the Wellbeing team on 0300 002 0060 for us to arrange the use of a ground floor room.
- There is a lift, but it is not suitable for wheelchairs; only walking aids.

### **PARKING:**

- The car park is often full by 9am. Some free parking is available on Elm Grove & Pankhurst Avenue. Pankhurst Avenue is the best choice if there are any mobility issues.

### **PUBLIC TRANSPORT:**

- Local bus services stop outside the front, rear and side of the hospital (routes 2, 2A, 21, 22, 37, 37B and 84).
- The number 2, 2A and 21 all stop on level ground and close to the hospital.
- Bus times can be obtained from Brighton and Hove Bus Company on 01273 886200. For full details on Brighton & Hove buses please visit - <http://www.buses.co.uk>
- The nearest train station to the hospital is Brighton Station.
- From outside the station you can catch a bus (see details above) or get a taxi from the rank at the back of the station.